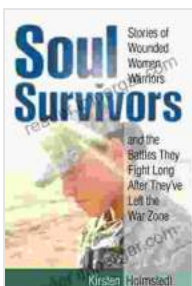


# Stories of Wounded Women Warriors and the Battles They Fight Long After They've Served



When we think of war, we often picture soldiers on the front lines, fighting against an enemy. But there is another side to war that is often overlooked: the stories of women who have served their country and the challenges they face after they return home.



## **Soul Survivors: Stories of Wounded Women Warriors and the Battles They Fight Long After They've Left the War Zone** by Kirsten Holmstedt

★★★★☆ 4.3 out of 5

Language : English

File size : 5863 KB

Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 247 pages



In her book, *Stories of Wounded Women Warriors and the Battles They Fight Long After They've Served*, author Sarah Olson tells the stories of these women. These are women who have fought in wars in Iraq, Afghanistan, and other countries. They have seen the horrors of war firsthand, and they have come home with both physical and emotional wounds.

Olson's book is a powerful and moving account of these women's experiences. She writes about the challenges they face in adjusting to civilian life, the discrimination they often experience, and the strength and resilience they have shown in overcoming their wounds.

These women's stories are a reminder that the costs of war extend far beyond the battlefield. They are a testament to the courage and sacrifice of women who have served their country, and they are a call to action to do more to support them when they come home.

## **The Challenges of Adjusting to Civilian Life**

One of the biggest challenges that wounded women warriors face when they return home is adjusting to civilian life. They may have difficulty finding a job, going to school, or starting a family. They may also struggle with PTSD, depression, and other mental health issues.

Olson's book tells the story of one woman, named Sarah, who served in Iraq. Sarah was injured in a bomb blast, and she came home with PTSD and a traumatic brain injury. She struggled to find a job and to adjust to civilian life. She also had difficulty dealing with the memories of her time in Iraq.

Sarah's story is not unique. Many wounded women warriors face similar challenges when they return home. They may feel isolated and alone, and they may not know where to turn for help.

### **The Discrimination that Wounded Women Warriors Face**

Another challenge that wounded women warriors face is discrimination. They may be discriminated against in the workplace, in the classroom, and in the community. They may be seen as being weak or damaged, and they may be treated with disrespect.

Olson's book tells the story of one woman, named Jessica, who served in Afghanistan. Jessica was injured in a helicopter crash, and she came home with a broken back and a traumatic brain injury. She struggled to find a job, and she was often treated with discrimination.

Jessica's story is not unique. Many wounded women warriors face similar discrimination when they return home. They may be denied jobs, they may be passed over for promotions, and they may be treated with disrespect.

### **The Strength and Resilience of Wounded Women Warriors**

Despite the challenges they face, wounded women warriors are incredibly strong and resilient. They have overcome incredible odds, and they have shown great courage and determination.

Olson's book tells the story of one woman, named Mary, who served in Iraq. Mary was injured in a car accident, and she came home with a traumatic brain injury. She struggled to recover, but she eventually went back to school and got her degree. She now works as a counselor, helping other wounded warriors.

Mary's story is not unique. Many wounded women warriors have shown great strength and resilience in overcoming their wounds. They have gone on to live full and productive lives, and they have made a difference in the world.

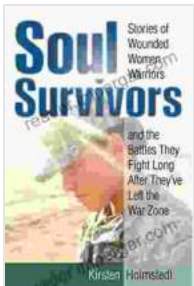
### **A Call to Action**

The stories of wounded women warriors are a reminder that the costs of war extend far beyond the battlefield. They are a testament to the courage and sacrifice of women who have served their country, and they are a call to action to do more to support them when they come home.

We need to do more to help wounded women warriors adjust to civilian life. We need to provide them with the resources they need to find jobs, go to school, and start families. We need to provide them with the support they need to deal with PTSD, depression, and other mental health issues. And we need to end the discrimination that they face.

Wounded women warriors deserve our respect and support. They have served our country, and they have made sacrifices for our freedom. We owe it to them to do everything we can to help them heal and to rebuild their lives.

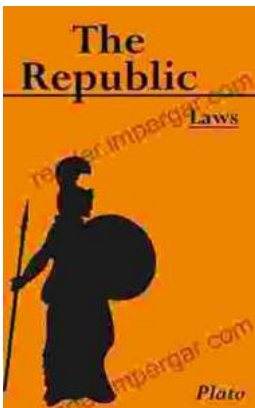
*Stories of Wounded Women Warriors and the Battles They Fight Long After They've Served* is a powerful and moving account of the experiences of these women. It is a reminder that the costs of war extend far beyond the battlefield, and it is a call to action to do more to support these women when they come home.



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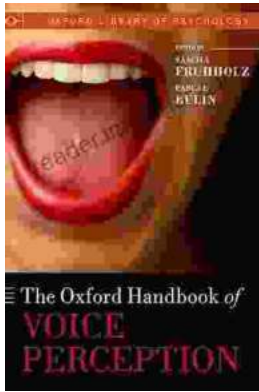
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