Empower and Enrich the Lives of Older Adults with Gerontological Nursing

With the rapidly aging population, the need for skilled and compassionate nurses who specialize in the care of older adults has never been greater. **Gerontological Nursing: A Comprehensive Guide** by Kristen Mauk provides an indispensable resource for nurses at all levels who are dedicated to providing exceptional care to this growing population.



Gerontological Nursing by Kristen L. Mauk

★★★★★ 4.3 out of 5
Language : English
File size : 15350 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 1083 pages



This comprehensive text covers a wide range of topics essential to gerontological nursing, including:

- Theories of aging and the impact of aging on the body and mind
- Assessment and diagnosis of common health conditions in older adults
- Pharmacological and non-pharmacological interventions for older adults

- Long-term care and end-of-life care for older adults
- Ethical and legal considerations in gerontological nursing

With its up-to-date research, evidence-based practice guidelines, and real-world case studies, **Gerontological Nursing: A Comprehensive Guide** empowers nurses to provide the highest quality of care to older adults and their families.

Key Features

- Comprehensive coverage: Covers all aspects of gerontological nursing, from the basics of aging to the most advanced care practices.
- Up-to-date research and practice guidelines: Provides nurses with the latest information on the care of older adults.
- Real-world case studies: Brings the challenges and rewards of caring for older adults to life.
- Focus on patient-centered care: Emphasizes the importance of tailoring care to the individual needs of older adults.
- Holistic approach: Addresses the physical, emotional, social, and spiritual needs of older adults.

Benefits

- Improved patient outcomes: Nurses who apply the principles of gerontological nursing have been shown to improve the health and well-being of older adults.
- **Enhanced job satisfaction:** Gerontological nursing offers nurses a rewarding and fulfilling career path.

- Increased professional development: This comprehensive guide provides nurses with the knowledge and skills they need to advance their careers.
- Greater confidence in providing care: Nurses who have a strong foundation in gerontological nursing are more confident in their ability to provide exceptional care to older adults.

Target Audience

Gerontological Nursing: A Comprehensive Guide is written for nurses at all levels who are interested in providing care to older adults, including:

- Registered nurses (RNs)
- Licensed practical nurses (LPNs)
- Nursing students
- Nurse practitioners (NPs)
- Clinical nurse specialists (CNSs)

About the Author

Kristen Mauk is a highly respected gerontological nurse with over 20 years of experience in the field. She is currently a professor of nursing at the University of California, San Francisco, where she teaches courses on gerontological nursing and end-of-life care. Dr. Mauk is also the author of several other books and articles on gerontological nursing.

With her extensive knowledge and experience, Dr. Mauk is uniquely qualified to provide nurses with the comprehensive and up-to-date information they need to provide exceptional care to older adults.

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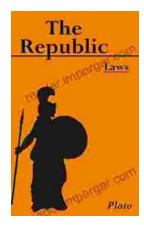
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