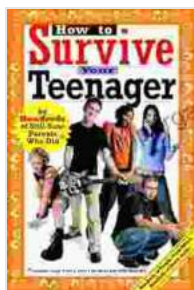


# By Hundreds Of Still Sane Parents Who Did Hundreds Of Heads Survival Guides

## A Compilation of Survival Guides for Parents

This book is a compilation of survival guides written by hundreds of still sane parents who have survived the challenges of raising children. It is full of practical advice and tips on how to deal with everything from tantrums to teenagers.



### How to Survive Your Teenager: By Hundreds of Still-Sane Parents Who Did (Hundreds of Heads Survival Guides) by Lakshmi Kant

★★★★☆ 4.5 out of 5

Language : English  
File size : 4901 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 258 pages



The book is divided into four sections:

1. **The Early Years:** This section covers the challenges of raising infants and toddlers, including feeding, sleeping, and potty training.
2. **The School Years:** This section covers the challenges of raising children in elementary and middle school, including homework,

friendships, and bullying.

3. **The Teen Years:** This section covers the challenges of raising teenagers, including dating, drugs, and alcohol.
4. **The Empty Nest:** This section covers the challenges of raising children who have left home, including how to cope with the empty nest syndrome and how to maintain a relationship with your adult children.

Each section is filled with practical advice and tips from parents who have been there. The book is a valuable resource for any parent, regardless of the age of their children.

### **What Parents Are Saying**

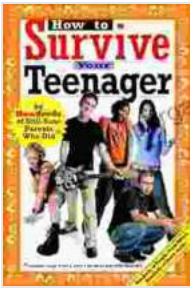
*"This book is a lifesaver! I'm a first-time parent and I was feeling overwhelmed. This book gave me the confidence and support I needed to get through the tough times."* - Sarah, mother of a 6-month-old

*"I've been a parent for over 20 years and I still found this book helpful. It's full of practical advice that I can use every day."* - John, father of three

*"This book is a must-read for any parent. It's full of wisdom and support from parents who have been there."* - Mary, mother of two

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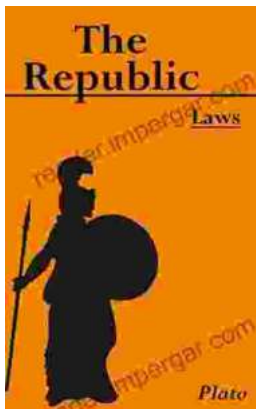
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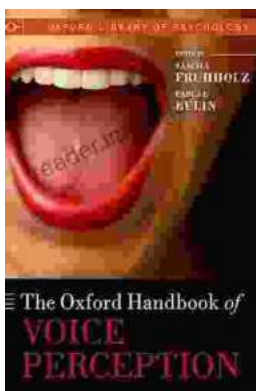
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